



Spa news UK

All change at Seaham Hall

Tom's Companies has sold Seaham Hall, the leading luxury 5-star spa resort in North-East England, and its sister hotel The Samling to the von Essen hotel group for an undisclosed sum. Seaham Hall and its award-winning Serenity Spa, which is linked to the hotel by a magical underground walkway, has been a favourite with spa lovers since it was transformed from a derelict building into a luxury hotel in 1997. Andrew Davies, chairman of von Essen hotels comments: "I am delighted with the acquisition of these two very special hotels. Seaham Hall and The Samling are real treasures and we look forward to sharing them with our customers in the years to come."

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Parent pampering

With a young family in tow, finding a child-friendly spa resort isn't easy. Great news then, that The Elms Hotel in Worcestershire has dedicated its country spa retreat to families and parents-to-be. To celebrate the opening of its new Aquae Sulis Spa in May, The Elms is offering The Parents Revival Package – a two-night spa break, which includes a mud Rasul Ceremony followed by the lavish Sulis full body massage. The package includes superior childcare, award-winning food, holistic spa rituals and results-orientated treatments. The spa also offers ante and postnatal treatments using Mama Mio products, plus a special menu of teen treats and a pampering mother and daughter Spa Day. Price from £335 per person. www.vonessenhotels.com



Stars stay young with ayurveda

Celebrities including Christine Aguilera and Jennifer Lopez have discovered that the first step towards staying youthful is a trip to London's Rejuvenation Spa in Kensington, an ayurvedic spa located within the five-star Baglioni Hotel. Spa Manager Dr Marco Russo, a celebrity anti-ageing expert, has introduced the ayurvedic brand Tri-Dosha to offer guests a full range of treatments, herbal formulas and Tri-Dosha rituals, including the nourishing and stress-relieving Samvahana (Tri-Dosha synchronized oil massage) and the Param Artha Satya (Tri-Dosha ultimate truth experience). Each treatment programme begins with a consultation, which includes an ayurvedic diagnosis to determine the client's body type (dosha). www.tri-dosha.co.uk